



Morning Basket Ideas - Ageless & Inspiring

I embraced the idea of a Morning Basket when my oldest was in 4th grade about 14 years ago - before it was popular or even had a name! I wanted to brainstorm a collection of inspiring books and things that could be ageless in its offerings, span abilities, speak to loveliness, and give the day an inspiring start. My idea was to gather this collection in a *basket* and enjoy it each *morning* - and thus it became the *Morning Basket*. While many embrace this idea now, calling it a variety of inspiring names, the idea is the same: inviting and rich, the Morning Basket is a collection of offerings that can stand on its own if needed.

- The 4 essential things that will streamline your day and rebuild culture - through the Morning Basket! If you're not sure what to include in a common *Morning Basket* time, consider these:

1. Choose something that follows the Liturgical Year or conveys the faith - a saint's biography, a saint-of-the-day book, a religious book.
2. Choose one rich read aloud a day - you can alternate throughout the week or just continue reading one book - but read aloud once daily! Choose classics!
3. Brainstorm a truth, goodness, and beauty list and choose one thing off this list to complete daily.
4. Add in a little memory work - a poem, a hymn, a new prayer, the days of the week/months of the year.

- Resources for building your own Morning Basket:

5. BOOK: [The Death of Christian Culture](#) by Dr. John Senior, has an extensive list of books in his appendix titled, *The 1000 Good Books*. The book is worth having for this booklist alone!
 6. BOOK: [Honey For a Child's Heart](#) by Gladys Hunt
 7. BOOK: [The Read-Aloud Family](#) by Sarah Mackenzie
 8. Choose a book from your child's current history or literature reading schedule - free up some time in that child's day by adding a book to the Morning Basket!
 9. Scroll through the living books lists at Ambleside Online & Mater Amabilis
 10. Morning Basket posts at wildflowers & marbles:
<http://wildflowersandmarbles.com/category/home-education/morning-basket/>
- II. For more book resource ideas, look over the links and resources shared on: [A Considered Booklist](#)
<http://wildflowersandmarbles.com/2011/07/21/a-considered-booklist/>

The fruit from the Morning Basket is seen over the long haul - so be patient and persist! Don't underestimate the value in simple, short reading and the time spent together each day! It adds up!

The Morning Basket - A Planning Guide

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Liturgical Year & Faith • <i>Saint of the day</i> • <i>Picture Book</i> • <i>Readings from the Mass</i> • <i>Church history</i>
Read Aloud <i>choose a classic</i>
Truth, Goodness, & Beauty List • <i>Nature Study</i> • <i>Art & Picture Study</i> • <i>Composer & Music Apprec.</i> • <i>Poetry</i> • <i>Geography</i> • <i>Character & Virtue</i> • <i>Shakespeare</i> • <i>Plutarch</i>
Memory Work • <i>Poetry</i> • <i>Hymns</i> • <i>Folk Songs</i> • <i>Cultural lists</i> • <i>Prayers</i>

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